

## Pre-Operative Instructions

2 to 4 weeks before surgery: Schedule your visit with your physician for medical clearance and/or tests if you were informed by the office that this was required prior to surgery.

2 weeks before surgery: Do not undergo any dental work, including routine cleanings. The office will advise you when dental work can be resumed following surgery.

7 to 10 days before surgery: Discontinue Aspirin and Anti-Inflammatory medications (including Advil, Motrin, Aleve, Naproxen, etc.). Do not partake in any recreational drug use due to risk of surgery cancellation.

The day before surgery: The office will call you to provide you with the arrival time at the hospital and scheduled surgery time.

The night before surgery: No eating or drinking after midnight, this includes water, cough drops, candy, and gum. No smoking cigarettes after midnight.

The morning of surgery: Routine prescription medications normally taken in the morning may be taken with a sip of water unless otherwise instructed by your medical doctor or the office. Contact lens are not allowed to be worn during surgery, please wear glasses to the hospital. Wear loose, casual clothing to the hospital. Please do not bring any large amounts of money, jewelry, or other valuable to the hospital. Please ensure you have a post-operative escort arranged to leave the hospital.